

STL 24-Hour Fitness Now a UP SHF

Union Pacific employees can now exercise at 24 Hour Fitness in St. Louis, Mo!
You can enroll at any of the 5 locations listed. Just follow the steps outlined below!

- ❖ All UP employees are required to show a valid UP ID (proof of employment) and the green or yellow System Health Facility (SHF) sticker. To obtain the sticker, contact 402-544-2206 for the appropriate paperwork and directions OR see Barb Tucker R.N. 482-3557. 24 Hour Fitness employees have been instructed on this procedure and will not allow initial enrollment if this step is not completed. **No exceptions**
- ❖ 24-Hour Fitness does not use a written sign-in sheet like most other facilities in our program. Instead, a computerized tracking system requiring UP employees to swipe an access card through a card reader will track the usage. Each individual will be assigned an access card.
- ❖ On initial enrollment, 24-Hour Fitness will have a set of paperwork for the employee to complete in order to obtain an access card. This paperwork is strictly the property of 24-hour Fitness and has no bearing on the UP System Health Facility membership.
- ❖ The access card is swiped upon each usage of the facility. Costs related to replacing lost/stolen access cards are the employee's responsibility.
- ❖ The no charge access agreement is a benefit to active UP employees only. A general discount to family members is offered at the approximate rate of **\$49 initiation fee and \$20 per month**. (Please note, this rate is subject to change at their discretion (i.e. not part of UP's contract). Costs related to family member access to a fitness facility is the **employee's responsibility**.

If you have any questions about this information, please contact:

Mark Clausen
Program Manager - System Health Facility (SHF) Program
544-5824

Locations

Kirkwood
10320 Manchester Road
(314) 822-2487

Arnold
215 Arnold Crossing
(314) 282-4224

St. Charles
1095 Regency Parkway
(636) 940-2024

St. Ann
216 Northwest Plz
(314) 344-0024

Chesterfield
14885 West Clayton Road
(636) 386-3324